

Report to Cabinet

Subject: Health and Wellbeing Delivery in Gedling

Date: 6 September 2018

Author: Sports and Health Development Officer – Community Relations

Wards Affected

1.1 All Wards

Purpose

2.1 To provide an overview of the Health and Wellbeing work carried out across the Borough over the last 2 years.

2.2 To approve the adoption of The Gedling Borough Health and Wellbeing Delivery Plan.

Key Decision

3.1 This is not a Key Decision.

Background

4.1 The Gedling Plan 2017-19 sets out corporate priorities to improve the health and wellbeing of Gedling Borough residents.

4.2 The Sports and Health Development Officer of the Community Relations Team works with a range of community partners, to collaboratively deliver a number of projects and initiatives to achieve the corporate priorities outlined within The Gedling Plan. Many of these successful projects rely on external funding. See Appendix A. Overview of Community Relations Supported External Funding since January 2016.

4.3 Key examples of successful projects and initiatives implemented to improve the Borough's health and wellbeing are; Community based activities to increase participation in sport and physical activity such as Gedling senior and junior parkruns and the Walking for Health community walks scheme. These projects are delivered by local dedicated volunteers with the support from Gedling Borough Council. Other examples include the successful Learn to swim programme based at Arnold Leisure

Centre. Over the past 4 years the programme has gone from engaging 300 children in the learn to swim programme to 1,000 in January 2018.

4.4 Projects are also in place to reduce loneliness, social isolation and support for those experiencing Mental Health Illness; these include the Arnold Methodist Church Mental Health Befriending Service, Dementia Cafes and the Men in Sheds project. For further details of these projects and other Health and Wellbeing projects see Appendix B.

4.5 National and County Priorities also help to profile health and wellbeing projects that are delivered on a local level. Examples of successfully delivered countywide initiatives delivered within Gedling include: The Wellbeing@Work- work place health scheme, The Healthy Options Takeaway project (HOT) and the Breast Feeding Friendly scheme, which was initially piloted in Gedling and due to its success later rolled out across the County.

4.6 Future areas of work to continue to improve the health and wellbeing of the Borough include a detailed piece of work to look at Gedling Borough specific data to provide Insight to focus and enhance future projects and further conversations with Academic staff at Nottingham Trent University to explore future research and evaluation opportunities. There will also be a focus around Falls Prevention, Social Prescribing and Hospital discharge with a particular emphasis on keeping older people independent within the Borough.

4.7 Gedling's Health and Wellbeing Delivery Group provides a platform for local partners to share updates on projects in relation to the health and wellbeing agenda across the borough. The Gedling Youth Council and Seniors Council act as advisory bodies to scrutinise and shape existing and emerging services.

Proposal

5.1 This report requests that on the back of the detailed report of the successful work carried out across the Borough to improve health and wellbeing (Appendix B), Gedling Borough Council adopts the Gedling Borough: Health and Wellbeing Delivery Plan 2018 (see Appendix C) in accordance with the Nottinghamshire Health and Wellbeing Board – Joint Health & Wellbeing Strategy and the Active Notts – Getting Active together Strategy. Improving Health and Wellbeing is a corporate objective outlined in the Gedling Plan. This proposed Delivery Plan demonstrates the Councils approach to achieving this objective. It is important that this plan aligns with the County priorities to ensure that the Borough continues to maximise the use of resources and county commissioned services to improve the health and wellbeing of Gedling residents.

5.2 It is then proposed that a Gedling Borough: Health and Wellbeing Action Plan (see appendix D) will then be utilised to enhance and focus local level work. This is a working document to be developed by the Sports and Health Development Officer in conjunction with Gedling Borough Council Service Managers and key partners. This will be monitored by the Gedling Health and Wellbeing Delivery Group.

Alternative Options

6.1 The alternative is not to adopt the Gedling Borough: Health and Wellbeing Delivery Plan, in accordance with the wider County Strategy. By choosing not to adopt a plan in support of the County Priorities this may have an impact on Gedling Borough Councils current successful partnerships with countywide organisations, as future work may not align with our current shared priorities. A plan that doesn't align with the County Strategy could be created, however this could lead to a reduction in co-ordinated resources and services coming into the Borough, potentially having a negative impact on Gedling Residents' health and wellbeing.

6.2 Without a clear Action Plan future projects may risk not being properly co-ordinated or focused and this may result in resources being used inefficiently. By not aligning the Council's priorities and areas of work to the County Strategy there may also be a risk of not being able to obtain future external funding to deliver projects across the Borough.

Financial Implications

7.1 There are no immediate financial implications associated with this proposal. Finance required to deliver actions within the proposed plan will be obtained from existing approved budgets and from external sources as and when appropriate.

Appendices

8.1 Appendix A: Community Relations Supported External Funding since January 2016

Appendix B: Gedling Plan Health and Wellbeing Case Studies 2016-2018

Appendix C: Gedling Borough: Health and Wellbeing Delivery Plan 2018

Appendix D: Gedling Borough: Health and Wellbeing Action Plan 2018

Background Papers

9.1 Nottinghamshire Health and Wellbeing Board – Joint Health & Wellbeing Strategy (2018 – 2022)

Nottinghamshire County Council – Director of Public Health's Annual Report (2017)

Active Notts – Getting Active Together (2017-2021)

Recommendation(s)

10.1 THAT Cabinet:

- Notes the overview of the health and wellbeing work carried out across the Borough over the last 2 years (Appendix B).
- Approves the adoption of the Gedling Borough: Health and Wellbeing Delivery plan in accordance with County Priorities and the development of a new Gedling Health and Wellbeing Action Plan.

Reasons for Recommendations

- 11.1 Adopting the Gedling Borough: Health and Wellbeing Delivery Plan in alignment with the County Strategy and Priorities will help to ensure Gedling Borough can continue to benefit from countywide resources.
- 11.2 A local Gedling Specific Health and Wellbeing Action Plan will help to focus work in the areas of need and strengthen existing partnerships. The plan will provide a platform to measure and evaluate the impact of Health and Wellbeing projects.
- 11.3 A focused plan will also help to ensure that external funding for further investment in initiatives to address Health and Wellbeing across the Borough, can be explored where appropriate.